## Witchy Part 3 – Wicca for Beginners

Please see listed below a quick reference guide as to what is covered in Witchy Part 3.

What is a Spell Bag?
Making a Spell Bag
Exploring Spell Bags
Scrying
Guided Meditation - Pre-Scrying Relaxation
Scrying Tools
Psychic Abilities
Exploring the Clair's
How do spirits transmit information?
Energy Management – Spirit Release
Exercises to increase Psychic Ability
Meditation & Guided Meditation
GM 1 - Calming thoughts and magnifying abundance
GM 2 - Coloured Box Relaxation
Wiccan Products
Ritual Oils
Conjure Oils
Reverse Order: Herbs and their Magickal uses
Essential Oils and Aromatherapy
Essential Oil Uses
Carrier Oils
Skincare
Chakra Oils
Candle Magick
Candle Basics
Candles Types
Writing your Candle Ritual Spell and Spell Casting
Simple Candle Rituals

The Best Vibrational Days to Perform Magick

Numerology

Life Path Number

**Expression Number** 

Soul Urge or Hearts Desire Number

Attitude Number or Sun Number